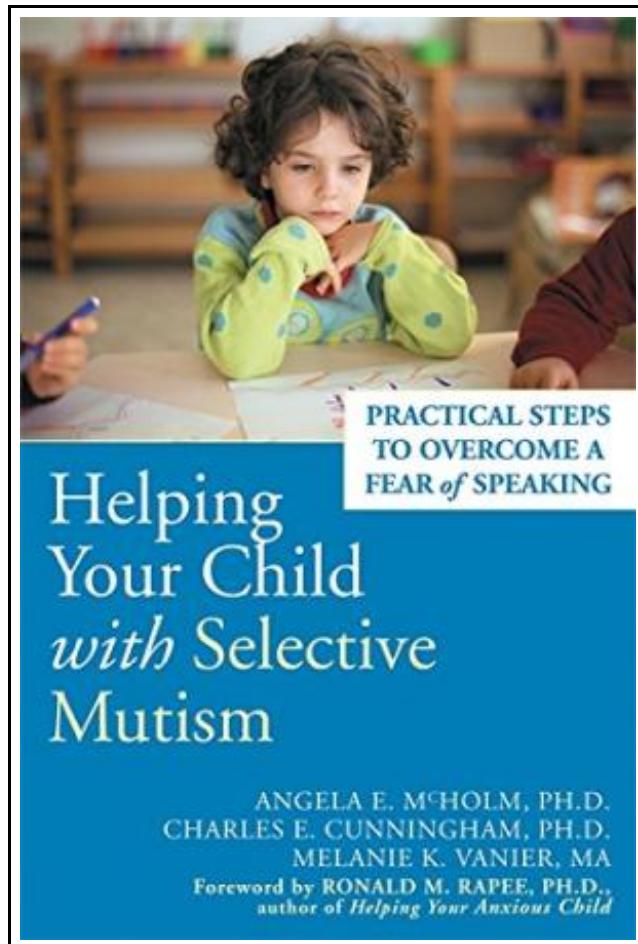


Helping Your Child with Selective Mutism: Practical Steps to Overcome a Fear of Speaking



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HELPING YOUR CHILD WITH SELECTIVE MUTISM: PRACTICAL STEPS TO OVERCOME A FEAR OF SPEAKING

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New Harbinger Publications. Paperback. Book Condition: new. BRAND NEW, Helping Your Child with Selective Mutism: Practical Steps to Overcome a Fear of Speaking, Charles E. Cunningham, Melanie K. Vanier, Angela E. McHolm, Often described as 'social phobia's cousin' and misdiagnosed as autism, selective mutism is a debilitating fear of speaking in some situations experienced by some children. The disorder usually presents in children before the age of five, but it may not be recognized until the child starts school. When requested to speak, children with selective mutism often look down, blush, or otherwise express anxiety that disrupts their engagement with people and activities. Selective mutism is related to social anxiety and social phobia, and more than 90 percent of children with selective mutism also manifest symptoms of one of these problems. This book is the first available for parents of children with selective mutism. It offers a broad overview of the condition and reviews the diagnostic criteria for the disorder. The book details a plan you can use to coordinate professional treatment of your child's disorder. It also explains the steps you can take on your own to encourage your child to speak comfortably in school and in his or her peer group. All of the book's strategies employ a gradual, 'stepladder' approach. The techniques gently encourage children to speak more, while at the same time helping them feel safe and supported.

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