



Dream Dictionary For Dummies

By Penney Peirce

John Wiley and Sons Ltd. Paperback. Book Condition: new. BRAND NEW, Dream Dictionary For Dummies, Penney Peirce, Dreams! What do they mean? You probably recognize a connection between the dream world and the "real" world, but did you know that you can actually do things to nurture your dream life? Dream Dictionary For Dummies is the fun and fascinating guide that shows you not only how to decode your dreams, but how to remember them and even how to make a dream work for you. Whether you're already a prolific dreamer or are just peeking into the unknown, you're sure to get results from the insights, techniques, and tips provided in this unique and transforming guide. An A-to-Z list of dream symbols and their meanings helps you make sense of your dreams and harness them to increase your creativity, solve problems, find life purpose, and obtain accurate personal guidance. And, just by reading the dictionary definitions, you'll begin to understand symbology in a much deeper way. You'll learn how to synchronize your body, emotions, mind, and soul to experience the full meaning of your dreams and, in some cases, make them your reality. Discover how to: * Recognize your dream cycles * Increase...

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