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## **Powered by Me(r) for Educators Pre-K to 12: The True Force Behind All Classroom Strategies, Higher Teaching Potential and Student Progress**

By Sherianna Boyle

Balboa Press, United States, 2012. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This book is a resource educators will want to keep on their desktop. If you are considering implementing mindfulness into your classroom or wish to encourage self-awareness, this book is definitely the place to start. Although it is written for the educational setting, don't be surprised if the benefits extend beyond the school day. -Nancy Ashworth, special educator for thirty years Powered By Me is a wonderful book for educators at all levels! Sherianna's gentle coaching voice shines through every page! She offers poignant stories and helpful exercises to support, encourage and empower her readers. -Sharon Hartley, retired principal An essential guidebook to mindful teaching methods that will renew teachers, empower students and build communities. Imagine an educational environment where teachers and students can mutually thrive. Does power reside in the tool or in the individual wielding the tool? Is self-awareness the key to student progress? How might empowered teachers benefit students? These questions ignited the vision of Powered by ME, (r) a perceptual shift that modifies any teaching tool into a power tool....



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