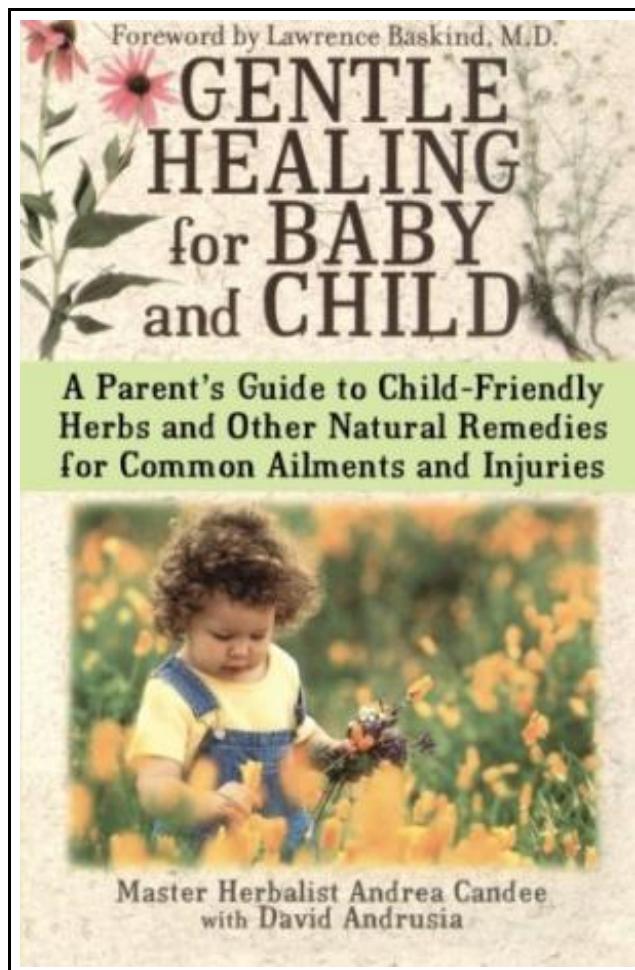


Gentle Healing for Baby and Child: A Parents Guide to Child-Friendly Herbs and Other Natural Remedies for Common Ailments and Injuries



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Reviews

Excellent e-book and useful one. It can be rally intriguing throgth looking at time period. Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Pasquale Klocko)

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Gallery Books. Paperback. Book Condition: New. Paperback. 288 pages. Dimensions: 8.3in. x 5.4in. x 0.9in. Give your child the gift of natural health. When your children are sick or injured, you want them to feel better -- fast. Although in some cases there is no substitute for traditional medical care, prescription drugs are not always the best answer. Countless parents are discovering that natural, health-promoting substances can often be both safer and more effective. Now, a master herbalist with more than twenty-five years of experience who is also a mother of two shares her natural approach to wellness. Inside you'll find easy holistic therapies for common childhood injuries and ailments, and learn: how a banana can remove a splinter which herbs help reduce fever; how an onion helps both bruises and earaches; why garlic is nature's antibiotic; how a spritz of rosemary hair juice prevents lice; why peppermint tea relieves both headaches and stomachaches; how gargling with lemon juice and table salt can ease a sore throat; why ginger root can ease motion sickness; and many other intelligent uses of foods and therapeutic plants -- nature's own medicine -- to alleviate discomforts. Best of all, this invaluable reference stresses an approach that helps you teach your children the benefits of preventing illness -- not just treating it. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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