



## Epsom Salt: 50 Miraculous Benefits, Uses Natural Remedies for Your Health, Body Home

By Carmen Reeves

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.EPSOM SALT: 50 Miraculous Benefits, Uses Natural Remedies for Your Health, Body Home Discover 50 magical benefits of Epsom Salts today! This book will be your guide to learning more about a seemingly simple, everyday product that can vastly improve your mind, body, health and home. Perhaps you are struggling with a certain health problem, a garden that is lacking, or you just want to know more about this all-natural, traditional substance that your grandma used to add to her bathtub. This practical book will help you to understand what Epsom salts are, where they came from, and what's in them. Learn how to easily whip up a simple solution for your everyday maladies - for your health, beauty, home and garden - and it only takes minutes! The benefits you'll receive: Detoxify your mind, body and soul with luxurious sea bath recipes Learn how to create your own beauty products using trusty Epsom salts Discover how Epsom salts can help you for your first-aid needs Understand the vast health benefits of Epsom...



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Echo Library, United States, 2008. Paperback. Book Condition: New. Illustrated. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author and educator. She was born in...